

## Forest School (FOLA) Training Course - all levels -

### Jupiter Artland, nr Livingston, EH27

From Scotland's top Forest School trainers! "Hands down the best Forest School training — and I should know, I've tried them all." — student, October 2025

When a student offered this, it meant so much to us — real proof that the training ethos we've been building since 2009 truly works.

We offer expert support to help you navigate your qualification in a way that works for you — while allowing you to truly experience Forest School and building a strong learning community.

We share the skills, knowledge and experience you need to deliver Forest School with confidence — supporting you to help others get the most from their time in the woods.

Are you **ready to deepen your skills in outdoor education, wellbeing, and learning for sustainability** for all ages and stages?

Start your journey on **Thurs 30 Apr** (Woodland, **10am**-5pm) at Jupiter Artland, EH27, West Edinburgh/Wilkieston, and **Tues 28 Apr** (Online, 6-8.30 pm) on Zoom. See below for all course dates.

This blended course combines hands-on, all day woodland training, live online seminars, and self-paced online study. Assessment is via practical tasks and workbooks. Alternative assessment formats are available if written work is a barrier. Payment plans are available.

**Course venue** Jupiter Artland is very central - 40 minutes drive from Edinburgh, Glasgow, Hamilton and Perth. It's a wonderful place, accessible by car or bus. Parking is free and toilets are available. Refreshments can be bought on site until end Oct. <https://www.jupiterartland.org/visit/>

## □ Key Dates to Save

### □ Woodland days (Thur 9am–5pm)

W1 (Levels 5, 6 & 8): 30 Apr  
W2 (Levels 5, 6 & 8): 14 May  
W3 (Levels 6 & 8): 21 May  
W4 (Levels 6 & 8): 28 May  
W5 (Level 8): 4 May  
W6 (Level 8): 11 Jun  
W7 (Level 8): 18 Jun  
W8 (Level 8): 25 Jun (Back up date in case of bad weather)

### □ Online Sessions (Tues 6–8.30pm)

Launch (Levels 5, 6 & 8): 5 May  
Seminar 1 (Levels 5, 6 & 8): 19 May  
Seminar 2 (Levels 6 & 8): 26 May  
Seminar 3 (Level 8): 9 Jun  
Seminar 4 (Level 8): 23 Jun

## □□ Meet Your Lead Trainer

Aline Hill, Director at FSTC, has been a Forest School trainer since 2009. She's a specialist in outdoor education from early years to adults, nature connection, and wellbeing.

Aline also delivers 16-hour Outdoor First Aid courses – essential for Level 8 certification.

→ More on First Aid Course here

<https://www.forestschoolltraining.co.uk/training/first-aid/>

## □ How the Course Works

If you have the right experience or qualifications you can qualify straight away at Level 8. Or, you can start at Level 5 and step up to Level 6 or Level 8 whenever you're ready. See Qualification info for more on experience/qualifications.

## Commitment summary

**Level 5 (awareness)** students come to Woodland 1 & 2, the online Course Launch, and online Seminar 1, and paced themselves through online module 1 content.

**Level 6 (assistant)'s** come to Woodland 1–4, online Course Launch, and online seminars 1 & 2, plus self-paced online content modules 1 & 2

**Level 8 (leader)'s** attend Woodland sessions 1–7, online Course Launch, all 4 online seminars and self-paced online content modules 1–4.

## □ What else you'll need to do

Level 5: Observe at least one Forest School session, lead by qualified FS leader

Level 6: Assist in three sessions, lead by qualified FS leader

Level 8: Lead eight sessions (after the course teaching finishes).

To lead at Level 8, make sure you've completed a 16-hour Outdoor First Aid course.

→ [Book your First Aid Course](#)

## □ Course Fees (2025 Rates)

Level 5 - 52 hours - £500

Level 5 →6 Step-Up - 52 hours - £550

Level 5 →8 Step-Up - 172 hours - £1150

Level 6 - 64 hours - £800

Level 6 →8 Step-Up - 123 hours - £950

Level 8 - 188 hours - £1300

Your fee includes everything: registration, materials, tutor support, and online platform access.

## ? Your Questions Answered

Do I need to start at Level 5? Yes, even experienced educators begin at Level 5.

You can step up later.

Can I use a phone/tablet for online parts? Not recommended. A laptop/desktop with webcam and mic is needed.

Do I need my own insurance? Yes, if not covered by your employer.

Not sure what level is right for you? → See "Qualification Info" at

<https://www.forestschooltraining.co.uk/training/fs-training-dates-booking/>